

Connect Therapies LLC Disclosure Statement

Sally Blevins MA LPC

523 S. Park Avenue

Montrose, Colorado 81401

(970) 286-0054

Licensure: State of CO, LPC # CO5972

Degrees: MA Counseling, Cum Laude Texas Wesleyan University; BFA Art Education, Ohio University

Professional Experience: clinical counseling, child and adolescent counseling, art therapy, group counseling, play and filial therapy, domestic violence counseling, crisis counseling. More experience can be found on my website: www.connecttherapiesllc.com

Professional Associations: Colorado Counseling Association, Boulder Psychotherapy Institute. Texas Wesleyan Counseling Honors Society

Certifications:

Sensorimotor Art Therapy Approach to Bilateral Body Mapping, Ghost Ranch, NM 2018

Person Centered Training, Foothills Gateway, Fort Collins, CO 2015

Art Therapy Approaches to Resilience & Stress Reduction, Trauma-Informed Practices & Expressive Arts Therapy Institute, Fort Collins CO 2013

Applied Existential Psychotherapy for Individuals, Couples, Groups, BPI, Boulder, CO June- August 2011

Trauma Informed Expressive Arts Therapy Certification in process.

Continuing Education:

Engaging Clients Through Digital Technology & Expressive Arts, October 2020

Telehealth & Expressive Arts Therapy: Applying Technology to Your Practice, September 2020

Escalating Dangers of Social Media in Youth, August 2020

Trauma Informed Expressive Arts Therapy Webinar, May 2020

Trauma 102: Neurology, Memory, Healing, March 2020

The Science & Art of Improvement, March 2020

Delivering Mental Health treatment to Individuals with Brain Injury, August 2019

Integrated Behavioral Health in the Medical Setting, Colorado ECHO Series, January 2019

Resiliency Training, Colorado ECHO Series January 2019

Collaborative Family Health Care Integrated Care Conference, 2019
Cultivating Personal Resilience, ECHO Series, 2019
Strategies for Successful Behavioral Care In Integrated Health Setting, ECHO Series, 2019 Trust-Based
Integrated Behavioral Health, Colorado SIMS, Grand Junction CO November 2018
Bilateral Body Mapping, Trauma Informed Practices & Expressive Arts Therapy Institute. Ghost Ranch,
NM November 2018
Relational Intervention Training Part I, 2018
Prevent Teach Reinforce for Families 2018
Motivational Interviewing, 2017
Cultural Diversity & Older Adults, 2017
Resiliency Training, Summitstone Health Partners, 2016
Psychological First Aid 2016, Mental Health First Aid, 2015
Co-occurring Brain Injury & Mental Health Symptoms 2016
Dance Movement Therapy 2016
Group Facilitation 2016
Disaster Behavioral Health Training I, Colorado Crisis Education & Response Network, 2015
Mandated Reporter Training 2015, 2014
Trauma Attachment & Neuroscience, 2015
Working with Deaf & Hard of Hearing, 2015
Working with the Native American Population, 2015
Trauma Model Therapy 2014
Letting Depression Talk: Collage Therapy, Joan Phillips PhD ATR-BC LPC LMFT, Boulder CO 2014
Gestalt Therapy and Equine Therapy, 2012
Twenty First Century Marketing for Private Practice, 2012
TEAM Techniques for Effective Aggression Management I & II, 2012
Keeping Children & Youth Safe, Catholic Charities Diocese of Fort Worth, Fort Worth, TX 2010
Veteran's Services Training, Fort Worth, TX 2010
Zentangles in Art Therapy, Dallas, TX 2010
Facilitating Change: Motivational Interviewing, Catholic Charities, Fort Worth, TX 2010
Vicarious Trauma, Colorado Counseling Association Annual Conference, Denver, CO 2010
Ethics in Counseling, Catholic Charities Diocese of Fort Worth, Fort Worth, TX March 2010
Ecopsychology, American Art Therapy Association Conference, Dallas, TX November 2009
Rites of Passage Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009
Art Therapy Family Genograms, American Art Therapy Association Conference, Dallas, TX 2009

Environmental Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009

Art Therapy in Domestic Violence, American Art Therapy Association Conference, Dallas, TX 2009

Sacred Art Experiential, American Art Therapy Association Conference, Dallas, TX 2009

Adlerian Play Therapy, Play Therapy Conference, Denton, TX 2009

Using Art with Group Therapy, Jane Avila, The Art Station, Fort Worth, TX 2009

Love Addiction/ Love Avoidance, Pia Melody RN LISAC, Meadow Lecture Series, Dallas, TX 2009

The Addictive Family: The Legacy of Trauma, Claudia Black PhD MSW, Meadows Lecture Series, Dallas, TX 2009

Double Jeopardy: Addiction and Depression, Claudia Black PhD MSW Meadows Lecture Series, Dallas, TX 2009

Lust, Anger, Love: Understanding Sexual Addiction, Maureen Canning MA LMFT, Meadows Lecture Series, Dallas, TX 2009

Comprehensive Domestic Violence Training: Adults and Children, Safehaven of Tarrant County, Fort Worth, TX 2009.

Filial Therapy Training, Safehaven of Tarrant County, Fort Worth, TX 2009.

Trauma Focused Cognitive Behavioral Therapy, Medical University of South Carolina, December 2009.

Emotionally Focused Family Play Therapy, Texas LMFT Conference, Fort Worth, TX 2009.

Mindfulness-Based Couples Therapy, Texas LMFT Conference, Fort Worth, TX 2009.

Emotionally Focused Couple Therapy, Dr. Sue Johnson, Texas LMFT Conference, Fort Worth, TX 2009.

Trauma Focused Cognitive Behavioral Therapy, Level I, 2009

Lasting Change Interventions Couples, Texas LMFT Conference, Fort Worth, TX 2009.

The Body Keeps Score, Bessel van der Kolk, MD, Dallas TX 2008.

Trauma, Compulsivity and Addiction, Peter A. Levine, PhD, Dallas, TX 2008.

Eating Disorder Symposium, Sundance Behavioral Healthcare & Cedar Point, Fort Worth, TX 2008.

The Art of Being Ethical, Jane Avila, The Art Station, Fort Worth, TX 2008.

Art Therapy for Children on the Autism Spectrum, Kathy DeOrnellas PhD LPC, The Art Station, Fort Worth, TX 2008.

Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.

Starting Your Own Practice Seminar, TWU, Fort Worth, TX 2008.

Healing Mandalas, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.

Eating Disorder Symposium, Cedar Crest Hospital, Sundance Behavioral Health, 2008.

Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2018

Virtual Support for Addiction Recovery, Second Life Community Convention, Tampa, FL 2008.

Virtual Support for Cancer Survivors, Second Life Community Convention, Tampa, FL 2008.

Hypnosis Seminar, Dr. Michael Ellison, TWU, Fort Worth, TX 2008.

Play Therapy Seminar, Dr. Molly Kusmich, TWU, Fort Worth TX 2008.

EMDR Seminar, Pat Johnson, TWU, Fort Worth, TX 2007.

Sexuality Seminar, Dr. Glenn Jennings, Texas Women's University, TWU, Fort Worth, TX 2007.

Oklahoma Art Therapy Association Conference, Norman, OK 1994.

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, certified school psychologists, and unlicensed individuals who practice psychotherapy. The agency within the Department that has the responsibility specifically for licensed professional counselors is the Board of Licensed Professional Counselor Examiners, 1560 Broadway, Suite #1350, Denver, Colorado, 80202, (303) 894-7766. As to the regulatory requirements applicable to mental health professionals: a Licensed Professional Counselor must hold a masters degree in their profession and have a two years of post-masters supervision.

I am happy to provide you information about my methods of therapy, the techniques I use, the duration of therapy, (if I can determine it at our first meeting), and my fee structure. Please ask me if you have any questions about these or any other matters. While in therapy you will only be treated and contracted with me and no other person, group, partnership, joint venture, or other entity at this location. In addition to the above, you may seek a second opinion from another therapist and, of course, may terminate therapy at any time. My fee is \$130.00 per counseling hour, duration of 50 minutes.

Your verbal communication and clinical records are legally confidential except in: a) criminal and delinquency matters and other areas as provided in Colorado Revised Statutes 12-43-218 and the HIPPA Notice of Privacy Rights that you have received; b) information shared with your insurance company to process your claim; c) where you sign a release to have specific information shared; and d) if you provide information that informs me that you are in danger of harming yourself or others. If a legal exception arises during Counseling, if feasible, you will be informed accordingly. Clinical records are kept for the purposes of continuity of care. These are retained for seven years after the conclusion of our professional relationship.

This professional relationship is our only relationship. Colorado Law (12-43-214 Revised Statutes) requires that I inform you that in our professional relationship, physical sexual intimacy is never appropriate and should be reported to the Grievance Board. In order to keep our relationship professional, please do not give me any gifts, however small.

Our relationship will be considered in effect while you are actively participating in your process. If you decide to terminate counseling with me, it is in your best interest to discuss this with me. This is an

opportunity for you to orchestrate healthier endings that will be productive for you. If you have not scheduled an appointment with me for a four month duration, I will need to formally terminate our therapeutic relationship. I will document this with a letter of termination. Any visit after this termination will require a formal beginning with the proper paperwork and fee agreement.

I am required to report any suspected incident of child abuse or neglect and elder abuse or neglect to law enforcement; (2) I am required to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened; (3) I am required to initiate a mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely disabled, as a result of a mental disorder; (4) I am required to report any suspected threat to national security to federal officials; and (5) I may be required by Court Order to disclose treatment information.

In regard to the use of Social Media I am not going to be Friends with you on Facebook. You may follow the Connect Therapies page on Facebook. I may be a connection with you on LinkedIn (Sally Blevins MA LPC). You may follow my professional pages (Connect Therapies) on Twitter and Instagram.

Under Colorado law, C.R.S. § 14-10-123.8, parents have the right to access mental health treatment information concerning their minor children, unless the court has restricted access to such information. If you request treatment information from me, I may provide you with a treatment summary, in compliance with Colorado law and HIPAA Standards.

If you should request treatment records from me, I may provide you with a treatment summary in compliance with Colorado law.

If an emergency arises for which the client or their guardian feels immediate attention is necessary, the client or the guardian understands they are to contact the emergency services in the community for those services. Sally Blevins MA LPC will follow those emergency services with standard counseling and support to the client and/or the client's family.

If you are involved in divorce or custody litigation, my role as a therapist is not to make recommendations to the court concerning custody or parenting issues. By agreeing to receive services from me, you agree not to subpoena me for court testimony or for disclosure of treatment information in such litigation, to testify or produce records in court in any type of litigation. You agree not to request that I write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family's children.

I have been informed both verbally and in writing of the preceding information and understand my rights as a client/patient as well as my rights as a client, along with my therapist's degrees,

credentials and licensing. I also understand that Sally Blevins MA LPC is a practitioner at and the owner of Connect Therapies LLC.

I also acknowledge that I have received a copy of this Disclosure Statement.

Client's or Responsible Party's Signature

date

If signed by Responsible Party, please state relationship to client & authority to consent

Therapist's Signature

date