

Connect Therapies LLC Disclosure Statement

Sally Blevins MA LPC
1124 S 11th Street
Montrose, Colorado 81401
(970) 286-0054

Licensure: State of CO, LPC # CO5972

Degrees: MA Counseling, Cum Laude Texas Wesleyan University; BFA Art Education, Ohio University

Professional Experience: clinical counseling, child and adolescent counseling, art therapy, group counseling, play and filial therapy, domestic violence counseling, crisis counseling, experiential therapy, bilateral body mapping, trauma informed care.

More experience can be found on my website: <https://www.connecttherapiesllc.com>

Professional Associations: Colorado Counseling Association, Boulder Psychotherapy Institute. Texas Wesleyan Counseling Honors Society

Certifications:

Trauma- Informed Expressive Arts Therapy Level One, June 2021

Sensorimotor Art Therapy Approach to Bilateral Body Mapping, Ghost Ranch, NM 2018

Person Centered Training, Foothills Gateway, Fort Collins, CO 2015

Art Therapy Approaches to Resilience & Stress Reduction, Trauma-Informed Practices & Expressive Arts Therapy Institute, Fort Collins CO 2013

Applied Existential Psychotherapy for Individuals, Couples, Groups, BPI, Boulder, CO June- August 2011

Trauma Informed Expressive Arts Therapy Certification in process.

Continuing Education:

Boundaries and Self-Disclosure in the Digital Age: Top Ethical Challenges, July 2024

The Transformation Journey: Sensorimotor Art Therapy (12 hours), August 2023

Cross Border Practice in the Age of Telehealth: Interstate & International Mental Health Practice, August 2023

Attending to Internalized Stigma:Two-Spirit, Transgender and Non-Binary Clients, August 2023

Dharma as a Verb, Mindfulness Practices to Cultivate Joy and Equanimity Amidst the Waves of Change, 2023

HIPAA Security Compliance in Mental Health, a Guided Reading, June 2023

Expressive Art Therapy Art Therapy and Positive Psychology, June 2021

Creating Ethical, Impactful Presence Outside the Therapy Room: Books, Social Media, Podcasting, June 2021

Suicide Intervention & Assessment/ CAMS Suicide Training, June 2021

Mental Health Documentation & Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice, June 2021

The Open Notes rule and Your EHR Choice: Legal Compliance & Client Safety Now and in The Future, June 2021

Engaging Clients Through Digital Technology & Expressive Arts: Relational and Hands On Approaches, October 2020

Telehealth & Expressive Arts Therapy: Applying Technology to Your Practice, September 2020

True Intimacy, September 2020

Escalating Dangers of Social Media in Youth, August 2020

Delivering Patient -Centered Care to Multiply-Disadvantaged Patients, August 2020

Practicing Patient-Centered Language, August 2020

Trauma Informed Expressive Arts Therapy Webinar, May 2020

Trauma 102: Neurology, Memory and Healing, March 2020

The Science & Art of Improvement, March 2020

Bridging Gaps in Care in Underserved Communities through Integration and Inter-Professional Collaboration, October 2019

Patient Centered Primary Care: Getting From Good to Great, October 2019

Professional Ethics for Interdisciplinary Teams in Primary Care, October 2019

Increasing access to Psychiatric Care through Case Conferences & Integration, October 2019

Hot Topics in Integrated Care: Adverse Childhood Experiences, October 2019

ACES Screening and Warm Hand Offs, October 2019

Planning & Delivering Trauma-Informed, Team-based Tobacco Cessation Treatment, CFHA Integrated Care Conference, September 2019

Toolkit for Disruptive Behaviors in Pediatric PCBH, CFHA Integrated Care Conference, September 2019

Is Psychological Flexibility a Protective Factor in the Relationship between Adverse Childhood Events and Salient Health Outcomes in Adolescents, CFHA Integrated Care Conference, September 2019

Pain Is.... A Primer on Using focused Acceptance and Commitment Therapy to Reframe the Meaning and Experience of Pain, CFHA Integrated Care Conference, September 2019

An Interdisciplinary Learning Collaborative to Improve Rural Primary Care for Children with Complex Needs, CFHA Integrated Care Conference, September 2019

An Interdisciplinary Learning Collaborative to Improve Rural Primary Care for Children with Complex Needs, CFHA Integrated Care Conference, September 2019

Good to Great: Improving Interdisciplinary Team Dynamics and Optimizing evidence-Based Delivery of Integrated Behavioral Health, CFHA Integrated Care Conference, September 2019

Answering the Call: Bridging Gaps in Care in Underserved Communities Through Integration and Inter-Professional Collaboration, CFHA Integrated Care Conference, September 2019

Hub-Expansion Model and Access to Pediatric Behavioral Integrated Primary Care, CFHA Integrated Care Conference, September 2019

Patient Centered Primary Care: Getting form Good to Great, CFHA Integrated Care Conference, September 2019

Professional Ethics for Interdisciplinary Teams in Primary Care and Outpatient Health Settings, CFHA Integrated Care Conference, September 2019

A System Wide Transformation to address Adverse Childhood Experiences in Primary Care, CFHA Integrated Care Conference, September 2019

Depression Treatment Pathway in Primary Care, CFHA Integrated Care Conference, September 2019

Delivering Mental Health Treatment to Individuals with Brain Injury, August 2019

Integrated Behavioral Health in the Medical Setting, Colorado ECHO Series, January 2019

Resiliency Training, Colorado ECHO Series January 2019

Collaborative Family Health Care Integrated Care Conference, 2019

Cultivating Personal Resilience, ECHO Series, 2019

Strategies for Successful Behavioral Care In Integrated Health Setting, ECHO Series, 2019 Trust-Based

Integrated Behavioral Health, Colorado SIMS, Grand Junction CO November 2018

Bilateral Body Mapping Trauma Informed Practices & Expressive Arts Therapy Institute. Ghost Ranch, NM November 2018

Relational Intervention Training Part I, 2018

Prevent Teach Reinforce for Families 2018

Motivational Interviewing, 2017

Cultural Diversity & Older Adults, 2017

Resiliency Training, Summitstone Health Partners, 2016

Psychological First Aid 2016, Mental Health First Aid, 2015

Co-occurring Brain Injury & Mental Health Symptoms 2016

Dance Movement Therapy 2016

Group Facilitation 2016

Disaster Behavioral Health Training I, Colorado Crisis Education & Response Network, 2015

Trauma Attachment & Neuroscience, 2015

Working with Deaf & Hard of Hearing, 2015

Working with the Native American Population, 2015

Trauma Model Therapy 2014

Mandated Reporter Training 2015, 2014

Letting Depression Talk: Collage Therapy, Joan Phillips PhD ATR-BC LPC LMFT, Boulder CO 2014

Gestalt Therapy and Equine Therapy, 2012

Twenty First Century Marketing for Private Practice, 2012

TEAM Techniques for Effective Aggression Management I & II, 2012

Applied Existential Psychotherapy Individual & Group, Boulder Psychotherapy Institute, Boulder, CO 2011-12

Keeping Children & Youth Safe, Catholic Charities Diocese of Fort Worth, Fort Worth, TX 2010

Veteran's Services Training, Fort Worth, TX 2010

Zentangles in Art Therapy, Dallas, TX 2010

Facilitating Change: Motivational Interviewing, Catholic Charities, Fort Worth, TX 2010

Vicarious Trauma, Colorado Counseling Association Annual Conference, Denver, CO 2010

Ethics in Counseling, Catholic Charities Diocese of Fort Worth, Fort Worth, TX March 2010

Ecopsychology, American Art Therapy Association Conference, Dallas, TX November 2009

Rites of Passage Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009

Art Therapy Family Genograms, American Art Therapy Association Conference, Dallas, TX 2009

Environmental Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009

Art Therapy in Domestic Violence, American Art Therapy Association Conference, Dallas, TX 2009

Sacred Art Experiential, American Art Therapy Association Conference, Dallas, TX 2009

Adlerian Play Therapy, Play Therapy Conference, Denton, TX 2009

Using Art with Group Therapy, Jane Avila, The Art Station, Fort Worth, TX 2009

Love Addiction/ Love Avoidance, Pia Melody RN LISAC, Meadow Lecture Series, Dallas, TX 2009

The Addictive Family: The Legacy of Trauma, Claudia Black PhD MSW, Meadows Lecture Series, Dallas, TX 2009

Double Jeopardy: Addiction and Depression, Claudia Black PhD MSW Meadows Lecture Series, Dallas, TX 2009

Lust, Anger, Love: Understanding Sexual Addiction, Maureen Canning MA LMFT, Meadows Lecture Series, Dallas, TX 2009

Comprehensive Domestic Violence Training: Adults and Children, Safehaven of Tarrant County, Fort Worth, TX 2009.

Filial Therapy Training, Safehaven of Tarrant County, Fort Worth, TX 2009.

Trauma Focused Cognitive Behavioral Therapy, Medical University of South Carolina, December 2009.

Emotionally Focused Family Play Therapy, Texas LMFT Conference, Fort Worth, TX 2009.

Mindfulness-Based Couples Therapy, Texas LMFT Conference, Fort Worth, TX 2009.

Emotionally Focused Couple Therapy, Dr. Sue Johnson, Texas LMFT Conference, Fort Worth, TX 2009.

Trauma Focused Cognitive Behavioral Therapy, Level I, 2009

Lasting Change Interventions Couples, Texas LMFT Conference, Fort Worth, TX 2009.

The Body Keeps Score, Bessel van der Kolk, MD, Dallas TX 2008.

Trauma, Compulsivity and Addiction, Peter A. Levine, PhD, Dallas, TX 2008.

Eating Disorder Symposium, Sundance Behavioral Healthcare & Cedar Point, Fort Worth, TX 2008.

The Art of Being Ethical, Jane Avila, The Art Station, Fort Worth, TX 2008.
Art Therapy for Children on the Autism Spectrum, Kathy DeOrnellas PhD LPC, The Art Station, Fort Worth, TX 2008.
Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.
Starting Your Own Practice Seminar, TWU, Fort Worth, TX 2008.
Healing Mandalas, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.
Eating Disorder Symposium, Cedar Crest Hospital, Sundance Behavioral Health, 2008. Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2018
Virtual Support for Addiction Recovery, Second Life Community Convention, Tampa, FL 2008.
Virtual Support for Cancer Survivors, Second Life Community Convention, Tampa, FL 2008.
Hypnosis Seminar, Dr. Michael Ellison, TWU, Fort Worth, TX 2008.
Play Therapy Seminar, Dr. Molly Kusmich, TWU, Fort Worth TX 2008.
EMDR Seminar, Pat Johnson, TWU, Fort Worth, TX 2007.
Sexuality Seminar, Dr. Glenn Jennings, Texas Women's University, TWU, Fort Worth, TX 2007.
Oklahoma Art Therapy Association Conference, Norman, OK 1994.

*The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, **licensed professional counselors**, licensed marriage and family therapists, certified school psychologists, and unlicensed individuals who practice psychotherapy. The agency within the Department that has the responsibility specifically for licensed professional counselors is the Board of Licensed Professional Counselor Examiners, 1560 Broadway, Suite #1350, Denver, Colorado, 80202, (303) 894-7766. As to the regulatory requirements applicable to mental health professionals: **a Licensed Professional Counselor must hold a masters degree in their profession and have a two years of post-masters supervision.***

I am happy to provide you information about my methods of therapy, the techniques I use, the duration of therapy, (if I can determine it at our first meeting), and my fee structure. Please ask me if you have any questions about these or any other matters. While in therapy you will only be treated and contracted with me and no other person, group, partnership, joint venture, or other entity at this location. In addition to the above, you may seek a second opinion from an- other therapist and, of course, may terminate therapy at any time. My fee is \$145.00 per counseling hour, duration of 50 minutes.

Your verbal communication and clinical records are legally confidential except in: a) criminal and delinquency matters and other areas as provided in Colorado Revised Statutes 12-43-218 and the HIPPA Notice of Privacy Rights that you have received; b) information shared with your insurance company to process your claim; c) where you sign a release to have specific information shared; and d) if you provide information that informs me that you are in danger of harming yourself or others. If a legal exception

arises during Counseling, if feasible, you will be informed accordingly. Clinical records are kept for the purposes of continuity of care. These are retained for seven years after the conclusion of our professional relationship.

This professional relationship is **our only relationship**. Colorado Law (12-43-214 Revised Statutes) requires that I inform you that in our professional relationship, physical sexual intimacy is never appropriate and should be reported to the Grievance Board. In order to keep our relationship professional, please do not give me any gifts, however small.

Our relationship will be considered in effect while you are actively participating in your process. If you decide to terminate counseling with me, it is in your best interest to discuss this with me. This is an opportunity for you to orchestrate healthier endings that will be productive for you. **If you have not scheduled an appointment with me for a four month duration, I will need to formally terminate our therapeutic relationship.** I will document this with a letter of termination. Any visit after this termination will require a formal beginning with the proper paperwork and fee agreement.

I am required to report any suspected incident of child abuse or neglect and elder abuse or neglect to law enforcement; (2) **I am required** to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened; (3) **I am required** to initiate a mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely disabled, as a result of a mental disorder; (4) **I am required** to report any suspected threat to national security to federal officials; and (5) **I may be required** by Court Order to disclose treatment information.

In regard to the use of **Social Media**: I am not going to be Friends with you on Facebook. You may follow the Connect Therapies page on Facebook. I may be a connection with you on LinkedIn (Sally Blevins MA LPC). You may follow my professional pages (Connect Therapies) on Twitter and Instagram, etc.

Under Colorado law, C.R.S. § 14-10-123.8, **parents** have the right to access mental health treatment information concerning their minor children, unless the court has restricted access to such information. If you request treatment information from me, I may provide you with a treatment summary, in compliance with Colorado law and HIPAA Standards.

If you should request **treatment records** from me, I may provide you with a treatment summary in compliance with Colorado law.

If an emergency arises for which the client or their guardian feels immediate attention is necessary, the client or the guardian understands they are to contact the emergency services in the community for those services. Sally Blevins MA LPC will follow those emergency services with standard counseling and support to the client and/or the client's family.

If you are involved in divorce or custody litigation, **my role as a therapist is not to make recommendations to the court concerning custody or parenting issues.** By agreeing to receive services from me, you agree not to subpoena me for court testimony or for disclosure of treatment information in such litigation, to testify or produce records in court in any type of litigation. You agree not to request that I write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family's children.

Mobile SMS Privacy Policy:

As current or prospective customer, you understand that you can text us STOP at any time to opt out of receiving SMS text messages from us. You can text us HELP at any time to receive help.

You understand that the messaging frequency may vary.

Your mobile information will not be shared with any third parties/affiliates for marketing/promotional purposes. All policies are followed as per CTIA guidelines 5.2.1. At any time if you want your information to be removed, you can contact us via our email address or regular mail."

As a current or prospective client you understand that you can text us STOP at any time to opt out of receiving SMS text messages from us. You can text us HELP at any time to receive help.

Your mobile information will not be shared with any third parties/affiliates for marketing/promotional purposes. All policies are followed as per CTIA guidelines 5.2.1. At any time if you want your information to be removed, you can contact us via our email address or regular mail.

I have been informed both verbally and in writing of the preceding information and understand my rights as a client/patient as well as my rights as a client, along with my therapist's degrees, credentials and licensing. I also understand that Sally Blevins MA LPC is a practitioner at and the owner of Connect Therapies LLC.

I also acknowledge that I have received a copy of this Disclosure Statement.

Client's or Responsible Party's Signature date

If signed by Responsible Party, please state relationship to client & authority to consent

Therapist's Signature

date