

Connect Therapies LLC Disclosure Statement
Sally Blevins MA LPC LCPC
1124 S 11th Street
Montrose, Colorado 81401
(970) 286-0054

Licensure: State of Colorado: LPC # CO5972, State of Idaho LCPC 4671446

Degrees: MA Counseling, Cum Laude Texas Wesleyan University; BFA Art Education, Ohio University

Professional Experience: clinical counseling, child and adolescent counseling, art therapy, group counseling, play and filial therapy, domestic violence counseling, crisis counseling, experiential therapy, bilateral body mapping, trauma informed care.

More experience can be found on my website: <https://www.connecttherapiesllc.com>

Professional Associations: Colorado Counseling Association, Colorado Art Therapy Association, Boulder Psychotherapy Institute. Texas Wesleyan Counseling Honors Society

Certifications:

Trauma- Informed Expressive Arts Therapy Level One, June 2021

Sensorimotor Art Therapy Approach to Bilateral Body Mapping, Ghost Ranch, NM 2018

Person Centered Training, Foothills Gateway, Fort Collins, CO 2015

Art Therapy Approaches to Resilience & Stress Reduction, Trauma-Informed Practices & Expressive Arts Therapy Institute, Fort Collins CO 2013

Applied Existential Psychotherapy for Individuals, Couples, Groups, BPI, Boulder, CO June- August 2011

Trauma Informed Expressive Arts Therapy Certification in process.

Continuing Education:

Narrative Therapy in Action , June 2025

Existential Integrative Therapy, May 2025

Neurobiology of Traumatic Exposure, May 2025

Polyvagal Focused EMDR and Sensorimotor Expressive Arts Therapy, October 2024

Boundaries and Self-Disclosure in the Digital Age: Top Ethical Challenges, July 2024

The Transformation Journey: Sensorimotor Art Therapy (12 hours), August 2023

Mindfulness for Therapists in the Age of Anxiety, August 2023

Providing Trans-Affirming Care to Two-Spirit, Trans and Nonbinary Clients, August 2023

Addressing the Specific Behavioral Health Needs of Men, August 2023

Cross Border Practice in the Age of Telehealth: Interstate & International Mental Health Practice, August 2023

Attending to Internalized Stigma:Two-Spirit, Transgender and Non-Binary Clients, August 2023

HIPAA Security Compliance in Mental Health, a Guided Reading, June 2023

Dharma as a Verb, Mindfulness Practices to Cultivate Joy and Equanimity Amidst the Waves of Change, 2022

Expressive Art Therapy Art Therapy and Positive Psychology, June 2021

Creating Ethical, Impactful Presence Outside the Therapy Room: Books, Social Media, Podcasting, June 2021

Suicide Intervention & Assessment/ CAMS Suicide Training, June 2021Mental Health Documentation & Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice, June 2021

The Open Notes rue and Your EHR Choice: Legal Compliance & Client Safety Now and in The Future, June 2021

Engaging Clients Through Digital Technology & Expressive Arts: Relational and Hands On Approaches, October 2020

Telehealth & Expressive Arts Therapy: Applying Technology to Your Practice, September 2020

True Intimacy, September 2020

Escalating Dangers of Social Media in Youth, August 2020

Delivering Patient -Centered Care to Multiple-Disadvantaged Patients, August 2020

Practicing Patient-Centered Language, August 2020

Trauma Informed Expressive Arts Therapy Webinar, May 2020

Trauma 102: Neurology, Memory and Healing, March 2020
 The Science & Art of Improvement, March 2020
 Bridging Gaps in Care in Undeserved Communities through Integration and Inter-Professional Collaboration, October 2019
 Patient Centered Primary Care: Getting From Good to Great, October 2019
 Professional Ethics for Interdisciplinary Teams in Primary Care, October 2019
 Increasing access to Psychiatric Care through Case Conferences & Integration, October 2019
 Hot Topics in Integrated Care: Adverse Childhood Experiences, October 2019
 ACES Screening and Warm Hand Offs, October 2019
 Planning & Delivering Trauma-Informed, Team-based Tobacco Cessation Treatment, CFHA Integrated Care Conference, September 2019
 Toolkit for Disruptive Behaviors in Pediatric PCBH, CFHA Integrated Care Conference, September 2019
 Is Psychological Flexibility a Protective Factor in the Relationship between Adverse Childhood Events and Salient Health Outcomes in Adolescents, CFHA Integrated Care Conference, September 2019
 Pain Is.... A Primer on Using focused Acceptance and Commitment Therapy to Reframe the Meaning and Experience of Pain, CFHA Integrated Care Conference, September 2019
 An Interdisciplinary Learning Collaborative to Improve Rural Primary Care for Children with Complex Needs, CFHA Integrated Care Conference, September 2019
 An Interdisciplinary Learning Collaborative to Improve Rural Primary Care for Children with Complex Needs, CFHA Integrated Care Conference, September 2019
 Good to Great: Improving Interdisciplinary Team Dynamics and Optimizing evidence-Based Delivery of Integrated Behavioral Health, CFHA Integrated Care Conference, September 2019
 Answering the Call: Bridging Gaps in Care in Underserved Communities Through Integration and Inter-Professional Collaboration, CFHA Integrated Care Conference, September 2019
 Hub-Expansion Model and Access to Pediatric Behavioral Integrated Primary Care, CFHA Integrated Care Conference, September 2019
 Patient Centered Primary Care: Getting from Good to Great, CFHA Integrated Care Conference, September 2019
 Professional Ethics for Interdisciplinary Teams in Primary Care and Outpatient Health Settings, CFHA Integrated Care Conference, September 2019
 A System Wide Transformation to address Adverse Childhood Experiences in Primary Care, CFHA Integrated Care Conference, September 2019
 Depression Treatment Pathway in Primary Care, CFHA Integrated Care Conference, September 2019
 Delivering Mental Health Treatment to Individuals with Brain Injury, August 2019
 Integrated Behavioral Health in the Medical Setting, Colorado ECHO Series, January 2019
 Resiliency Training, Colorado ECHO Series January 2019
 Collaborative Family Health Care Integrated Care Conference, 2019
 Cultivating Personal Resilience, ECHO Series, 2019
 Strategies for Successful Behavioral Care In Integrated Health Setting, ECHO Series, 2019
 Trust-Based Integrated Behavioral Health, Colorado SIMS, Grand Junction CO November 2018
 Bilateral Body Mapping, Trauma Informed Practices & Expressive Arts Therapy Institute. Ghost Ranch, NM November 2018
 Relational Intervention Training Part I, 2018
 Prevent Teach Reinforce for Families 2018
 Motivational Interviewing, 2017
 Cultural Diversity & Older Adults, 2017
 Resiliency Training, Summitstone Health Partners, 2016
 Psychological First Aid 2016,
 Co-occurring Brain Injury & Mental Health Symptoms 2016
 Dance Movement Therapy 2016
 Group Facilitation 2016
 Mental Health First Aid, 2015
 Disaster Behavioral Health Training I, Colorado Crisis Education & Response Network, 2015
 Trauma Attachment & Neuroscience, 2015

Working with Deaf & Hard of Hearing, 2015
 Working with the Native American Population, 2015
 Trauma Model Therapy 2014
 Mandated Reporter Training 2015, 2014
 Letting Depression Talk: Collage Therapy, Joan Phillips PhD ATR-BC LPC LMFT, Boulder CO 2014
 Gestalt Therapy and Equine Therapy, 2012 Twenty First Century Marketing for Private Practice, 2012
 TEAM Techniques for Effective Aggression Management I & II, 2012
 Applied Existential Psychotherapy Individual & Group, Boulder Psychotherapy Institute, Boulder, CO 2011-12
 Keeping Children & Youth Safe, Catholic Charities Diocese of Fort Worth, Fort Worth, TX 2010
 Veteran's Services Training, Fort Worth, TX 2010
 Zentangles in Art Therapy, Dallas, TX 2010
 Facilitating Change: Motivational Interviewing, Catholic Charities, Fort Worth, TX 2010
 Vicarious Trauma, Colorado Counseling Association Annual Conference, Denver, CO 2010
 Ethics in Counseling, Catholic Charities Diocese of Fort Worth, Fort Worth, TX March 2010
 Ecopsychology, American Art Therapy Association Conference, Dallas, TX November 2009
 Rites of Passage Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009
 Art Therapy Family Genograms, American Art Therapy Association Conference, Dallas, TX 2009
 Environmental Art Therapy, American Art Therapy Association Conference, Dallas, TX 2009
 Art Therapy in Domestic Violence, American Art Therapy Association Conference, Dallas, TX 2009
 Sacred Art Experiential, American Art Therapy Association Conference, Dallas, TX 2009
 Adlerian Play Therapy, Play Therapy Conference, Denton, TX 2009
 Using Art with Group Therapy, Jane Avila, The Art Station, Fort Worth, TX 2009
 Love Addiction/ Love Avoidance, Pia Melody RN LISAC, Meadow Lecture Series, Dallas, TX 2009
 The Addictive Family: The Legacy of Trauma, Claudia Black PhD MSW, Meadows Lecture Series, Dallas, TX 2009
 Double Jeopardy: Addiction and Depression, Claudia Black PhD MSW Meadows Lecture Series, Dallas, TX 2009
 Lust, Anger, Love: Understanding Sexual Addiction, Maureen Canning MA LMFT, Meadows Lecture Series, Dallas, TX 2009
 Comprehensive Domestic Violence Training: Adults and Children, Safehaven of Tarrant County, Fort Worth, TX 2009.
 Filial Therapy Training, Safehaven of Tarrant County, Fort Worth, TX 2009.
 Trauma Focused Cognitive Behavioral Therapy, Medical University of South Carolina, December 2009.
 Emotionally Focused Family Play Therapy, Texas LMFT Conference, Fort Worth, TX 2009.
 Mindfulness-Based Couples Therapy, Texas LMFT Conference, Fort Worth, TX 2009.
 Emotionally Focused Couple Therapy, Dr. Sue Johnson, Texas LMFT Conference, Fort Worth, TX 2009.
 Trauma Focused Cognitive Behavioral Therapy, Level I, 2009
 Lasting Change Interventions Couples, Texas LMFT Conference, Fort Worth, TX 2009.
 The Body Keeps Score, Bessel van der Kolk, MD, Dallas TX 2008.
 Trauma, Compulsivity and Addiction, Peter A. Levine, PhD, Dallas, TX 2008.
 Eating Disorder Symposium, Sundance Behavioral Healthcare & Cedar Point, Fort Worth, TX 2008.
 The Art of Being Ethical, Jane Avila, The Art Station, Fort Worth, TX 2008.
 Art Therapy for Children on the Autism Spectrum, Kathy DeOrnellas PhD LPC, The Art Station, Fort Worth, TX 2008.
 Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.
 Starting Your Own Practice Seminar, TWU, Fort Worth, TX 2008.
 Healing Mandalas, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2008.
 Eating Disorder Symposium, Cedar Crest Hospital, Sundance Behavioral Health, 2008.
 Understanding Children's Drawings, Jane Avila LCSW ATR-BC, The Art Station, Fort Worth, TX 2018
 Virtual Support for Addiction Recovery, Second Life Community Convention, Tampa, FL 2008.
 Virtual Support for Cancer Survivors, Second Life Community Convention, Tampa, FL 2008.
 Hypnosis Seminar, Dr. Michael Ellison, TWU, Fort Worth, TX 2008.
 Play Therapy Seminar, Dr. Molly Kusmich, TWU, Fort Worth TX 2008.

EMDR Seminar, Pat Johnson, TWU, Fort Worth, TX 2007.

Sexuality Seminar, Dr. Glenn Jennings, Texas Women's University, TWU, Fort Worth, TX 2007.

Oklahoma Art Therapy Association Conference, Norman, OK 1994.

*The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, **licensed professional counselors**, licensed marriage and family therapists, certified school psychologists, and unlicensed individuals who practice psychotherapy. The agency within the Department that has the responsibility specifically for licensed professional counselors is the Board of Licensed Professional Counselor Examiners, 1560 Broadway, Suite #1350, Denver, Colorado, 80202, (303) 894-7766. As to the regulatory requirements applicable to mental health professionals: **a Licensed Professional Counselor must hold a masters degree in their profession and have a two years of post-masters supervision.***

I am happy to provide you information about my methods of therapy, the techniques I use, the duration of therapy, (if I can determine it at our first meeting), and my fee structure. Please ask me if you have any questions about these or any other matters. While in therapy you will only be treated and contracted with me and no other person, group, partnership, joint venture, or other entity at this location. In addition to the above, you may seek a second opinion from another therapist and, of course, may terminate therapy at any time. My fee is \$175.00 per counseling hour, duration of 50 minutes.

Your verbal communication and clinical records are legally confidential except in: a) criminal and delinquency matters and other areas as provided in Colorado Revised Statutes 12-43-218 and the HIPPA Notice of Privacy Rights that you have received; b) information shared with your insurance company to process your claim; c) where you sign a release to have specific information shared; and d) if you provide information that informs me that you are in danger of harming yourself or others. If a legal exception arises during Counseling, if feasible, you will be informed accordingly. Clinical records are kept for the purposes of continuity of care. These are retained for seven years after the conclusion of our professional relationship.

This professional relationship is **our only relationship**. Colorado Law (12-43-214 Revised Statutes) requires that I inform you that in our professional relationship, physical sexual intimacy is never appropriate and should be reported to the Grievance Board. In order to keep our relationship professional, please do not give me any gifts, however small.

Our relationship will be considered in effect while you are actively participating in your process. If you decide to terminate counseling with me, it is in your best interest to discuss this with me. This is an opportunity for you to orchestrate healthier endings that will be productive for you. **If you have not scheduled an appointment with me for a four month duration, I will need to formally terminate our therapeutic relationship.** I will document this with a letter of termination. Any visit after this termination will require a formal beginning with the proper paperwork and fee agreement.

I am required to report any suspected incident of child abuse or neglect and elder abuse or neglect to law enforcement; (2) **I am required** to report any threat of imminent physical harm by a client to law enforcement and to the person(s) threatened; (3) **I am required** to initiate a mental health evaluation of a client who is imminently dangerous to self or to others, or who is gravely disabled, as a result of a mental disorder; (4) **I am required** to report any suspected threat to national security to federal officials; and (5) **I may be required** by Court Order to disclose treatment information.

In regard to the use of **Social Media:** I am not going to be Friends with you on Facebook. You may follow the Connect Therapies page on Facebook. I may be a connection with you on LinkedIn (Sally Blevins MA LPC). You may follow my professional pages (Connect Therapies) on Twitter and Instagram, etc.

Under Colorado law, C.R.S. § 14-10-123.8, **parents** have the right to access mental health treatment information concerning their minor children, unless the court has restricted access to such information. If you request treatment information from me, I may provide you with a treatment summary, in compliance with Colorado law and HIPAA Standards.

If you should request **treatment records** from me, I may provide you with a treatment summary in compliance with Colorado law.

If an emergency arises for which the client or their guardian feels immediate attention is necessary, the client or the guardian understands they are to contact the emergency services in the community for those services. Sally Blevins MA LPC LCPC will follow those emergency services with standard counseling and

support to the client and/or the client's family. If you are involved in divorce or custody litigation, **my role as a therapist is not to make recommendations to the court concerning custody or parenting issues.** By agreeing to receive services from me, you agree not to subpoena me for court testimony or for disclosure of treatment information in such litigation, to testify or produce records in court in any type of litigation. You agree not to request that I write any reports to the court or to your attorney, making recommendations concerning custody. The court can appoint professionals, who have no prior relationship with family members, to conduct an investigation or evaluation and to make recommendations to the court concerning parental responsibilities or parenting time in the best interests of the family's children.

Mobile SMS Privacy Policy:

As a current or prospective client you understand that you can text us STOP at any time to opt out of receiving SMS text messages from us. You can text us HELP at any time to receive help. Your mobile information will not be shared with any third parties/affiliates for marketing/promotional purposes. All policies are followed as per CTIA guidelines 5.2.1. At any time if you want your information to be removed, you can contact us via our email address or regular mail.

I have been informed both verbally and in writing of the preceding information and understand my rights as a client/patient as well as my rights as a client, along with my therapist's degrees, credentials and licensing. I also understand that Sally Blevins MA LPC LCPC is a practitioner at and the owner of Connect Therapies PLLC.

I also acknowledge that I have received a copy of this Disclosure Statement.

Client's or Responsible Party's Signature & Date

If signed by Responsible Party, please state relationship to client & authority to consent

Therapist's Signature & Date